



Tresillian® 2024 Social Impact

Using an evidence based approach, Tresillian's health professionals support parents in the first 2,000 days of their child's life, a critical time for physical, social and emotional health. Our Vision is that every child has the best possible start in life.

17 Regional NSW, VIC & ACT, Family Care Centres

6 Tresillian 2U Mobile Early Parenting Vans

5 Regional NSW Satellite Services

3 Metropolitan Sydney, NSW Family Care Centres



We Support New Parents

Here's how we help



Support with baby's sleep & settling



Advice on baby's feeding routine



Strengthening the parent-baby relationship



Perinatal anxiety & depression



Parent education groups



Building confidence through education

The difference we're making to families is positively life-changing!



42,612 Nursing Contacts



15,890 Parent's Help Line Calls



4,342 Counselling & Parent's groups



86K SleepWellBaby App Downloads



662K

Visits to tresillian.org.au



78K

Facebook Community



12K

Instagram Community



2.3M

YouTube Channel Total Views



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We cannot thank you enough for the guidance and support we received over the past few days. Before we came here we were struggling as first time parents. Tresillian has given us the opportunity to take a breath and get back on track. We now have the confidence to make our daughter feel loved, and supported and understand how she grows. Thank you for bringing sanity and sleep back into our lives again! The work you do is invaluable.

Emily and Myles