

Online Referrals

[tresillian.org.au](https://www.tresillian.org.au)



Australia's largest Early Parenting Service

Why refer to Tresillian?



- Practical guidance and support on baby's sleep and settling
- Breastfeeding or bottle-feeding
- Toddler behaviour
- Parental emotional health and wellbeing

About online referrals



- Visit <https://www.tresillian.org.au/health-professionals/make-a-referral/>
- It takes as little as 5 minutes to complete
- Clear intuitive layout
- Tresillian matches the needs of the family with the most appropriate service
- Immediate, reliable lodgement
- Processing streamlined via single intake point
- Tresillian aims to be in contact with your client within 3 working days to guide them through the admission process
- You will receive a comprehensive discharge summary

By providing a comprehensive history, you will help us to achieve the best outcome for each family.

How much does it cost?



- The cost of Tresillian Day Services is covered by Medicare
- Residential Stays are covered by Medicare or the family's private health fund



Tresillian Day Services

- **Visit a Tresillian Centre** - FREE two-hour consultation with a Tresillian Nurse
- **Telehealth** – FREE two-hour consultation with a Tresillian Nurse
- **Parent Groups** – FREE parent education groups are held virtually, at Tresillian Centres and in the Community

Tresillian Day Services operate from Tresillian Centres at:



Metro Sydney, NSW: Nepean, Wollstonecraft, Canterbury

Regional NSW: Armidale, Broken Hill, Coffs Harbour, Cowra, Dubbo, Grafton, Griffith, Goulburn, Lismore, Moruya, Muswellbrook, Queanbeyan, Taree, Wagga Wagga

Victoria: Albury Wodonga



Tresillian 2U Mobile Van Services*:

Bathurst, Inverell, Mid North Coast, Tweed, Queanbeyan.

**Some services are currently being established and coming soon.*

Tresillian Residential In-Patient Stays

- **Tresillian's 4-nights/5-days residential program** – live in at a Tresillian Centre and work through parenting issues such as baby who is nightwaking, toddler behaviour challenges or parental stress and anxiety

Tresillian Residential Units operate from Tresillian Centres at:



Metro Sydney, NSW: Tresillian Nepean, Willoughby & Canterbury

ACT: Tresillian QEII Family Centre, Curtin

Regional NSW: Macksville Family Care Centre

Advice from Tresillian

The Parent's Help Line Nurses are only a call away, ready to provide a listening ear, helpful advice and to assist parents access the Tresillian service that best meets their needs. You may advise your patients that there is the option for them to Self Refer if they wish by calling the **Tresillian Parent's Help Line on 1300 272 736**.